

Better Than This

64 Count Partner Dance

Choreographed by Alan & Sonia Cole (alan.sonia@btinternet.com)

Music :- " It Don't Get Better Than This " sung by Rodney Crowell

Start side by side gent holding ladies right hand with his right hand at head height.

Same footwork throughout, start dance 32 counts in. Weight on left foot

Dance Video Link :- <http://www.youtube.com/watch?v=xEs8Zqg32po>



Coupledance-Roskilde.dk

¼ Monterey turn right, rock step, ½ turn shuffle right

1 - 4 Touch right toe to right, turn ¼ turn right stepping on right, (OLOD)

Touch left toe to left, step left next to right taking weight on left.

5 - 8 Rock forward on right, recover on left, ½ turn shuffle right on RLR (ILOD)

(On turn take RT hands over gents head, Pick up LT hands in Reverse Indian Position, keeping hands low)

¼ Monterey turn left, rock step, ½ turn shuffle left

9 - 12 Touch left toe to left, turn ¼ turn left stepping on left, (RLOD)

(Keep hands low bringing Gent into Hammerlock Position)

13 - 16 Touch right toe to right, step right next to left taking weight on right.

Rock forward on left, recover on right, ½ turn shuffle left on LRL (LOD)

(On turn release Right hands, take Left hands over Ladies head, picking up right in Sweetheart Position)

Side Rock, diagonal shuffle X 2

17 - 20 Rock right to right side, recover on left, diagonal shuffle left on RLR

21 - 24 Rock left to left side, recover on right, diagonal shuffle right on LRL

Rocking Chair, step, ¼ turn left, cross, hold

25 - 28 Rock forward on right, recover on left, rock back on right, recover on left.

29 - 32 Step forward on right, pivot ¼ turn left, cross right over left, hold for 1 count. (ILOD)

(release LT hands, take RT over ladies head, pick up LT in reverse Indian position, keeping hands low)

Side Close, ¼ shuffle left, step ¼ turn left, cross, hold

33 - 36 Step left to left, step right next to left, ¼ turn shuffle left on LRL (RLOD)

(keep hands low as you turn into hammerlock position)

37 - 40 Step forward on right, pivot ¼ turn left, cross right over left, hold for 1 count. (OLOD)

(release RT hands, take LT over ladies head, pick up RT, hands at shoulder height in Indian Position)

Side Close, ¼ shuffle left, Rocking Chair

41 - 44 Step left to left, step right next to left, ¼ turn shuffle left on LRL (Sweetheart Position LOD)

45 - 48 Rock forward on right, recover on left, rock back on right, recover on left

4 X travelling shuffles

49 - 52 ¼ turn side shuffle left on R-L-R (ILOD), ¼ turn left shuffle backwards on L-R-L (RLOD)

(on 1st shuffle release LT hands, take RT over ladies head, pick up LT in Indian Position to face ILOD keeping hands low. On 2nd shuffle keep hands low as you turn into hammerlock position RLOD)

53 - 56 ¼ turn side shuffle right on R-L-R (ILOD), ¼ turn right shuffle forwards on L-R-L (LOD)

(on 3rd shuffle keep hands low as you return into reverse Indian position ILOD)

On 4th shuffle keep hands low as you turn into hammerlock position into LOD)

Gent :- Full turn left, right shuffle forward, walk walk, right shuffle forward,

Lady :- Walk walk, left shuffle forward, Full turn right, left shuffle forwards

57 - 60 Gent :- Full turn left on Right, Left, R Shuffle Forward, Lady :- Walk Right Left, R Shuffle Forward

(Release right hands as Gent Turns left, drop left hands as you shuffle forward picking up right hands at shoulder height ready for ladies full turn right)

61 - 64 Gent :- Walk Left Right, L Shuffle Forward. Lady Full turn right on Left Right, Left Shuffle Forward

(NB :- keep right hands raised at end of dance, don't pick up left)