



Chains Of This Town Veronica by Barbados

Position: Closed Western, man facing OLOD, lady ILOD, Lady's steps listed,
 Opposite footwork and turns unless stated
 Start dancing on lyrics

RUMBA BOX

- 1-4 Step left to side, step right together, step left forward, hold
 On count 3, man step right back
- 5-8 Step right to side, step left together, step right back, hold
 On count 7, man step left forward

MAMBO BACK, HOLD; SIDE, TOGETHER, ¼ TURN, HOLD

- 1-4 Rock left back, recover onto right, step left together, hold
 On count 1, man rock right forward
- 5-8 Step right to side, step left together, make ¼ turn right step right forward,
 hold
 Let go hands, both facing LOD

FULL FORWARD TURN, HOLD; MAMBO FORWARD, HOLD

- 1-2 Make ½ turn right step left back, make ½ turn right step right forward
- 3-4 Step left forward, hold
 Man's right hand picks up lady's left hand, right open promenade, both
 facing LOD
- 5-8 Rock right forward, recover onto left, step right back
 Option for 1-4: left lock step forward, man right lock step forward

MAMBO BACK, HOLD; SIDE MAMBO, HOLD

- 1-4 Rock left back, recover onto right, step left forward, hold
- 5-8 Rock right to right side, recover onto left, step right together, hold
- (CHANGE SIDES) SIDE, TOGETHER, SIDE, TOUCH, TWICE**
 Man passing behind lady, change hands during the side steps into left
 open promenade
- 1-2 Step left to side, step right together
- 3-4 Step left to side, touch right together
 Man passing behind lady, change hands during the side steps into right
 open promenade
- 5-6 Step right to side, step left together
- 7-8 Step right to side, touch left together

Chains Of This Town

Choreographed by DJ Dan & Wynette Miller

Description: 64 count, intermediate partner/circle dance

Musik: **Chains Of This Town** by BR5-49

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MAMBO BACK, HOLD; LOCK STEP FORWARD, HOLD

1-4 Rock left back, recover onto right, step left forward, hold

5-8 Step right forward, lock left behind right, step right forward, hold

LOCK STEP FORWARD, HOLD; MAMBO ½ TURN, HOLD

1-4 Step left forward, lock right behind left, step left forward, hold

On count 3, man's right hand lets go of lady's left hand

5-8 Rock right forward, recover onto left, make ½ turn right step right forward, hold

Man's left hand picks up lady's right hand, left open promenade, both facing RLOD

SIDE MAMBO, TWICE

1-4 Make ¼ turn right rock left to left side, recover onto right, step left together, hold

On count 2, go to closed western, start position

5-8 Rock right to right side, recover onto left, step right together, hold

REPEAT