

Country in my Heart

Choreographed by Chris & Trev – Lonestar WPDC – Aug 2015

Description 64 Count Partner Dance, Same Footwork Throughout

Starting in side by side / Sweetheart

Music Country – Mo Pitney - 16 Count Intro



1-8 Rock, Recover, Coaster Step, Step, Lock, Shuffle

1-4 Rock FWD on LT, Recover on RT, Step back LT, Together with RT, Step FWD on LT

5-8 Step RT FWD, Lock LT behind RT, Shuffle FWD RT, LT, RT **9-16**

Man Walk, Walk, Shuffle, Lady ½ Turn, Shuffle, Walk, Walk, Shuffle

9-12 **Man:** Walk FWD LT, RT, Shuffle FWD on LT, RT, LT

Lady: Lady ½ Turn RT Stepping back LT, RT, Shuffle back LT, RT, LT

13-16 raise both sets of hands and take over mans head,

Man: Walk FWD RT, LT, Shuffle RT, LT, RT

Lady: Walk round the back of man on RT, LT, Shuffle FWD RT, LT, RT

(Count 9 take LT hand over lady's head, Count 15 Man now on OLOD)

17-24 Walk, Walk, Shuffle, Man, Walk, Walk, Shuffle, Lady, Full turn, Shuffle

17-20 Walk FWD LT, RT, Shuffle FWD LT, RT, LT

21-24 **Man:** Walk FWD RT, LT, Shuffle FWD RT, LT, RT **Lady:** Full turn RT on RT, LT Shuffle FWD RT, LT, RT

(Count 21 raise RT hands and come back into sweetheart)

25-32 Walk, Walk, Shuffle, Man full turn, Shuffle, Lady Walk, Walk, Shuffle

25-28 Walk FWD LT, RT, Shuffle FWD LT, RT, LT

29-32 **Man:** full turn LT on RT, LT, Shuffle FWD RT, LT, RT, **Lady:** Walk FWD RT, LT, Shuffle FWD RT, LT, RT

(On Count 29 raise LT hands as man turns under now in hammer lock)

33-40 ¼ Turn Cross Behind, Shuffle to side Man, Rock, Recover, Shuffle ½ turn Lady Rock, Recover, Shuffle

33-36 ¼ Turn RT stepping on to LT, Cross RT behind, Shuffle to the side on LT, RT, LT

37-40 **Man:** Rock FWD on RT, Recover on LT, Shuffle ½ turn RT on RT, LT, RT

Lady: Rock FWD on RT, Recover on LT, Shuffle on the spot RT, LT, RT

(On count 33 now facing OLOD, On count 38 release hands, on Count 40 pick up lady's LT hands in mans RT)

41-48 ¼ Turn to LOD on Walk, Walk, Shuffle Changing sides, Rock, Recover, Coaster Step

41-44 ¼ Turn to LOD passing RT shoulders on LT, RT, Shuffle FWD LT, RT, LT

45-48 Rock FWD on RT, Recover on LT, Step back RT, Together with LT, Step FWD RT

(Count 42 take joined hands over Lady's head, Man now on ILOD both facing LOD)

49-56 Diagonal Walk, Walk, Shuffle Changing sides x2

49-52 Walk diagonally FWD taking joined hands over lady's head on LT, RT Shuffle FWD LT, RT, LT, Changing sides

53-56 Walk diagonally FWD taking joined hands over lady's head on RT, LT, Shuffle FWD RT, LT, RT, Changing sides

(On count 49 release inside hands pick up lady's RT hand in mans LT,

On count 53 pick up lady's LT hand in mans

RT, Man passing behind Lady both times)

57-64 ½ Turn RT on Walk, Walk, Shuffle, x2

57-60 ½ turn RT stepping back LT, RT, Shuffle back on LT, LT, RT

61-64 ½ turn RT stepping FWD RT, LT, Shuffle FWD RT, LT, RT

(Count 57 release hands, Count 63 come back into Sweetheart)

START AGAIN