

Feelings

Choreographed by Conny Gasberg, DK

Musik: Listen To Your Senses by Alan Jackson (CD: Good Time)

Description: 64 count, Beg/Inter Partnerdance, Two step

Sweet Heart position



Intro: 4x8 counts

Sektion 1

Toestruts Jazzbox

- 1 - 2 Cross right toe over left, Drop right heel taking weight
- 3 - 4 Step left toe backwards, Drop left heel taking weight
- 5 - 6 Step right toe to right side, Drop right heel taking weight
- 7 - 8 Step left toe forward, Drop left heel taking weight

Sektion 2

Lockstep right, Hold, Right ¼, Cross, hold

- 1 - 2 Step right forward, Lock left behind right
- 3 - 4 Step right forward, Hold
- 5 - 6 Step left forward, ¼ turn right
- 7 - 8 Cross left over right, Hold (Indian position)

Sektion 3

Side rock right together hold, Side rock left together, Hold

- 1 - 2 Rock right to right side, Recover on left
- 3 - 4 Step right next to left, Hold
- 5 - 6 Rock left to left Side, Recover on right
- 7 - 8 Step left next to right, Hold

Sektion 4

Shuffle ¼ turn right, Hold, Step ¼ turn left, Cross, Hold

- 1 - 2 Step right ¼ turn right, Step left next to right
- 3 - 4 Step right forward, Hold
- 5 - 6 Step left forward, Turn ¼ right
- 7 - 8 Cross left over right, Hold (Reverse Indian)

Sektion 5

Side rock cross, Side rock ¼ turn, Step

- 1 - 2 Rock right to right side, Recover on left
- 3 - 4 Cross right over left, Hold
- 5 - 6 Rock left to left side, Recover on right turning ¼ right
- 7 - 8 Step left forward, Hold

Sektion 6

Right forward rock, Recover, Right back step, Left back rock, Recover, Left step forward.

- 1 - 2 Rock forward on right, Recover on left
- 3 - 4 Rock back on right, Hold
- 5 - 6 Rock back on left, Recover on right
- 7 - 8 Step left forward, Hold

Sektion 7

Right lockstep, Left lockstep

- 1 - 2 Step right forward, Lock left behind right
- 3 - 4 Step right forward, Hold
- 5 - 6 Step left forward, Lock right behind left
- 7 - 8 Step left forward, Hold

Sektion 8

Man: Shuffle forward, Lady: 2 half turn shuffle left

Man

Lady

- | | | | |
|-------|---|-------|----------------------------|
| 1 - 2 | Step right forward, Step left next to right | 1 - 2 | Shuffle right-left ¼ |
| 3 - 4 | Step right forward, Hold | 3 - 4 | Right 1/4 turn right, Hold |
| 5 - 6 | Step left forward, Step right next to left | 5 - 6 | Shuffle left-right ¼ |
| 7 - 8 | Step left forward, Hold | 7 - 8 | Left ¼ turn left, Hold |

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