

Good Hearted Woman

64 intermediate partnerdance

– Waylon Jennings & Willie

Choreographed by Unknown

Description;

Music: Good Hearted Woman

Nielson

Intro: 24 count

Position: Reverse Challenge

(Back To Back - Male ILOD face, woman face OLOD)



MEN

WOMEN

STEP, PIVOT ½ TURN, SHUFFLE, STEP, PIVOT ½ TURN, ¼ TURN SHUFFLE

1-2 Step right forward, Pivot ½ turn left.

Step left forward, Pivot ½ turn right.

Partners across left shoulder to shoulder

3 & 4 Shuffle forward right, left, right Shuffle forward left, right, left

5-6 Step left forward, Pivot ½ turn right step right forward, Pivot ½ turn left - The woman crossed in front of man

7 & 8 Turn ¼ turn right on right ball & Shuffle to the left side, Pivot ¼ turn left on left ball & Shuffle to the right side

BACK ROCK, SHUFFLE, WALK, WALK, SHUFFLE

1-2 Rock right back, recover weight on left foot Rock left back, Recover weight on right

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3 & 4 Shuffle forward right, left,
right **Shuffle forward left,**
right, left

5-6 Step left forward, Step
forward right **Step forward,**
Step left forward

7 & 8 Shuffle forward left, right, left
Shuffle forward right, left, right

**MAN: STEPS ON THE SPOT TURNING ½ TURN, TRIPLE STEP,
STEP, PIVOT ½ TURN, SHUFFLE**

**LADY: WALKS TURNING ½ TURN, TRIPLE STEP, STEP, PIVOT
½ TURN, SHUFFLE**

1-2 Step right, left ½ turn right, step **left, right ½ turn
left, left hands should finish in the lower back of
the Man**

3 & 4 Triple step right, left,
right **left, right, left,**
Shuffle

Release hands

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5-6 Step left forward, Pivot ½ turn right
step right forward, Pivot ½ turn left

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You are now in position facing LOD Left Open Promenade

7 & 8 Shuffle forward left, right, left

Shuffle forward right, left, right



MAN: WALK, SHUFFLE STEPS ON THE SPOT, SHUFFLE

LADY: WALK, SHUFFLE TURNING ½ WALKS TURN, SHUFFLE BACK

1-2 Step right forward, Step left forward, **Step left forward, Step right forward**

3 & 4 Shuffle forward right, left, right **Shuffle forward left, right, left**

Raise the arms and the woman goes below

5-6 Step left, right, locally before ½ turn left

Double Hand Hold Position, Male AFCE LOD **woman AFCE RLOD**

7 & 8 Shuffle forward left, right, left

Shuffle forward right, left, right

MAN: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, TRIPLE STEP

LADY: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE ½ TURN

1-2 Rock right to side, Recover weight on left foot **Rock left to side, Recover weight on right**

3 & 4 Shuffle left foot across front right, left, right

Shuffle right, left, right, left foot across front

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5-6 Rock left to side, Recover weight
on right **Rock right, Recover
weight on left foot**



Drop left hand to right hand man and the woman. The woman
passes under the arm

7 & 8 Triple step right, left, right
**left, right, left, Shuffle left foot across front
turning 1/2 turn left**

Position Right Open Promenade LOD

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Intro: 24 count

MEN

WOMEN

ROCK STEP BACK, SHUFFLE, WALK, WALK, SHUFFLE

1-2 Rock right back, recover weight on
left foot **Rock left back, Recover
weight on right**

3 & 4 Shuffle forward right, left,
right **Shuffle forward left,
right, left**

5-6 Step left forward, Step forward right
Step forward right, Step left forward

7 & 8 Shuffle forward left, right, left

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Shuffle forward right, left, right



1/4 TURN
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ROCK STEP, SHUFFLE 1/2 TURN, STEP, PIVOT 1/2 TURN, 1/4 TURN SHUFFLE

1-2 Rock right forward, Recover weight on left

rock left forward, Recover weight on right

Drop hands

3 & 4 Shuffle 1/2 turn right right,

left, right left, right, left

Shuffle 1/2 turn left

5-6 Step left forward, Pivot 1/2 turn right

step right forward, Pivot 1/2 turn left

7 & 8 Shuffle left, right, left, left side 1/4 turn right

shuffle right, left, right, right side 1/4 turn left

Double Hand Hold position, front man OLOD woman

AFCE ILOD ROCK STEP BACK, 1/4 TURN SHUFFLE, STEP 1/4

TURN, BEHIND, SIDE SHUFFLE

1-2 Rock right back, recover weight on

left foot Rock left back, Recover

weight on right

Drop right hand to left hand man and the woman

3 & 4 Shuffle right, left, right,

Shuffle turn 1/4 right 1/4 turn left

Open Promenade Position Left side RLOD

5-6 Step left 1/4 turn right, step left foot crossed

behind right step right 1/4 turn left, Step L

behind right

7 & 8 Shuffle right, left, right

Shuffle left, right, left to right

Repeat :-)

Happy Dance