

Good Day To Run

Choreographed by Yvonne & Dyka

Description: 32 count beg/intermediate partnerdance

Music: Good Day To Run by Darryl Worley Adapted from linedance "A good day to run" choreographed by Benny Ray



Many thanx 2 benny 4 allowing us to adapt his dance. y & d, Position: Sweetheart

1 - 4 Right foot step diagonalt right & forward
 left foot touch to right
foot left foot step diag left
& back, right foot touch to left
foot

5 - 8 right foot step diag right & back,
left foot touch to right foot
left foot step diag left & forward
 right foot touch to left foot

9 - 12 right foot step forward, left foot lock behind right
right foot step forward, left foot scuff past right

13 - 16 repeat 9-12 leading with left foot

17 - 20 right foot step forward, pivot ½ turn left
right foot step forward, hold one count
(release right hands, raise left hand to allow
 gent to turn under left arms)

21 -24 left foot step & rock forward,
rock back onto right foot
 left foot step into ½ turn left, hold one
count (raise left hands to allow lady to turn under
arms re-join right hands into sweetheart
position)

25 - 28 right foot step forward, left foot step forward
right foot step forward, left touch beside right

29 - 32 left foot step back, right foot step to left foot
left foot step forward, right touch beside left

Begin again