

# Just One Time

Choreographer: Carol\* & George Stayte (UK) \* Fully Qualified D & G Instructor.  
 Description: Partner Dance. (64 Counts) Same Footwork throughout, unless stated.  
 Start: Right Sweetheart Position Facing LOD.  
 Music: "Just One Time" by Jamie O'Neal CD: "Eternal"  
 (98/196 bpm. Script written as 98 bpm - 16 Count Intro)



## 1 WALK FORWARD (X2), ROCK FORWARD, RECOVER, WALK BACK (X2), ROCK BACK, RECOVER.

1 – 4 Walk fwd on right, left, rock fwd on right, recover on left.  
 5 – 8 Walk back on right, left, rock back on right, recover on left.

## 2 1/4 TURN. STEP TOGETHER, 1/4 TURN SHUFFLE BACK, 1/4 TURN STEP TOGETHER, 1/4 TURN SHUFFLE FORWARD.

1 – 2 ¼ Turn left on right, step left next to right. **ILOD**  
 3 & 4 ¼ Turn left shuffling back on RLR **RLOD**.  
 6 ¼ Turn left on a left, step together on right **.OLOD**.

5 –

7 & 8 ¼ Turn left shuffling fwd on LRL. **LOD**

**Note:** **Count: 1 – 2** Release left hands, Right hands over Ladies head, rejoin left behind Gent's back to reverse Indian Position.  
**Count: 3 & 4** Hammerlock Position.  
**Count: 5 – 6** Release right hands, left over Ladies head, rejoin into Indian Position. **Count: 7&8** Sweetheart position.

## 3 WALK, WALK, SHUFFLE FORWARD. CROSS POINT. STEP BEHIND, SIDE.

1 – 2 Walk fwd on right, left.  
 3 & 4 Right shuffle fwd RLR.  
 5 – 8 Cross left over right, point right to right side, cross right behind left, step to side on left.

## 4 CROSS POINT, CROSS DIAGONAL SHUFFLE (X2), ROCK FORWARD, RECOVER.

1 – 2 Cross right over left, point left to left side.  
 & 3 & 4 Sweep left over right, step right next to left, cross left over right. (**Travelling fwd, diagonally to the right**)  
 & 5 & 6 Sweep right over left, step left next to right, cross right over left. (**Travelling fwd, diagonally to the left**)  
 7 – 8 Rock fwd on left, recover on right.

## 5 SHUFFLE 1/2 TURN. CROSS DIAGONAL SHUFFLE (X2), ROCK FORWARD, RECOVER.

1 & 2 Shuffle ½ Turn left on a LRL. **RLOD**  
 & 3 & 4 Sweep right over left, step left next to right, cross right over left. (**Travelling fwd diagonally to the left**) &  
 5 & 6 Sweep left over right, step right next to left, cross left over right. (**Travelling fwd diagonally to the right**) 7 –  
 8 Rock fwd on right, recover on left.  
**Note:** **Count: 1 & 2** Release left hands, rejoin left hands in front, hammerlock position.

## 6 SHUFFLE 1/2 TURN. WALK, WALK, SHUFFLE FORWARD. SIDE TOGETHER.

1 & 2 Shuffle ½ Turn right on a RLR.  
**LOD** 3 – 4 Walk fwd on left, right.  
 5 & 6 Left Shuffle fwd LRL.  
 7 – 8 Step to side on right, together on left.  
**Note:** **Count: 1 & 2** Release left hand. Right hand over Ladies head, rejoin into Sweetheart Position.

## 7 SHUFFLE 1/4 TURN. SIDE TOUCH, SIDE TOUCH, SIDE TOGETHER.

1 & 2 ¼ Turn right on right, step left next to right, step fwd on right. **OLOD**  
 3 – 6 Step to side on left, touch right next to left, step to side on right, touch left next to right..  
 7 – 8 Step to side on left, together on right. **Note:** **Count: 1 & 2** Indian Position.

## 8 SHUFFLE 1/4 TURN, SHUFFLE FORWARD. ROCK FORWARD RECOVER, STEP BACK TOUCH.

1 & 2 ¼ Turn left on left, step right next to left, step fwd on left. **LOD**  
 3 & 4 Right shuffle fwd on RLR  
 5 – 8 Rock fwd on left, recover on right, step back on left, touch right next to left.  
**Note:** **Count: 1 – 2** Sweetheart Position.

**START AGAIN**