

My First Love 4 Two

Choreographed by Oda & Frank Simonsen DK

Description: 64 Count Intermediate Coupledance

Position: Sweetheart position, same footwork for man and lady

Music: 'You're My First Love (Head Over Heels)' by Eden ft

Lianie May



Coupledance-Roskilde.dk

Facebook

Section 1 Side, Together, Chasse Right, Cross Rock, Chasse 1/4 Turn

- 1-2 Step right to right side. Close left beside right.
- 3&4 Step right to right side. Close left beside right. Step right to right side.
- 5-6 Cross rock left over right. Recover onto right.
- 7&8 Step left to left side. Close right beside left. Turn 1/4 left stepping left forward, Release Right hand and Raise left hand

Section 2 Step, Pivot 1/2, Step, Pivot 1/4, Forward Rock, Triple Step Full

- Turn** 1-2 Step right forward. Pivot 1/2 turn left 3-4 Step right forward. Pivot 1/4 turn left.
- 5-6 Rock forward on right. Recover onto left.
- 7&8 Right triple step on the spot, turning full turn right, stepping - right, left, right
Release Left hand and Raise Right

Section 3 Forward Rock, Lock Step Back. Touch Back, Reverse Pivot 1/2, Step, Pivot

- 1-2 Rock forward on left. Recover onto right.
- 3&4 Step left back. Lock step right across left. Step left back.
- 5-6 Touch right toe back. Reverse pivot 1/2 turn right (weight on right).
- 7-8 Step left forward. Pivot 1/2 turn right.
Release Left hand and Raise Right

Section 4 Step, Kick Ball Step, Step, Forward Rock, Behind Side Cross 1

- Step left forward.
- 2&3 Kick right forward. Step ball of right beside left. Step left forward.
- 4 Step right forward.
- 5-6 Rock forward on left. Recover onto right
- 7&8 Cross left behind right. Step right to right side. Cross left over right

Section 5 Side Rock, Forward Shuffle, 1/2 Turn x 2, Forward Shuffle

- 1-2 Rock right to right side. Recover to Left
- 3&4 Step right forward. Close left beside right. Step right forward
- 5-6 Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward 7&8
Step left forward. Close right beside left. Step left forward



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Section 6 Forward Rock, Coaster Cross, Side, Kick, Side Push, Recover 1-2

Rock forward on right. Recover onto left.

3&4 Step right back. Step left beside right. Cross right over left

5-6 Step left to left side. Kick right diagonally forward left

7-8 Step right out to right side pushing hips right. Recover weight onto left

Section 7 1/4 Turn Sailor Cross, Side Rock, Cross Shuffle, 1/4 Turn, 1/2 Turn 1&2

Cross right behind left turning 1/4 right. Step left beside right. Cross right over left

3-4 Rock left out to left side. Recover onto right

5&6 Cross left over right. Step right to right side. Cross left over right

7-8 Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward
Release Left hand and Raise Right hand

Section 8 Forward Shuffle, Forward Rock, Slide Back x 2, Shuffle 1/2 Turn

1&2 Step right forward. Close left beside right. Step right forward

3-4 Rock forward on left. Recover onto right

5-6 Slide back on left. Slide back on right

7&8 Left shuffle making 1/2 Turn Left. Left, Right, Left. End facing L.O.D.

Repeat.